

Introductory Lesson 4: Silent Introductions

Objective: Members will learn about each other in a new and different way; finding their similarities which will build a foundation for friendship and trust.

Materials:

- Silent Introduction Handout^ (See Appendix 2)
 - Please feel free to utilize this handout or make your own.
- Pens/Pencils

Activity:

- Give participants some time to complete the handout
- Discuss the process
 - Be sure to tell them to pay close attention as you will be asking questions afterward.
- This is a silent introduction, so they do not speak to one another
- They simply hold their page out in front of their chest and walk up to someone else
- Both parties read the others' introduction and then move on
- Give a time limit
- As they walk around, play fun music to liven up the environment.

Discussion:

- Did anyone learn something new or surprising about another group member?
- What did you find in common with the others in this room?
- *Continue with these same kinds of questions – you may want to call on a few specific individuals who may be shy or hesitant to comment. Use this activity to draw the group together and out of their shells a little.*

Life Application & Purpose:

Make the point that throughout the school year / program / activity sessions, the group is going to work together as a team on projects and games but will also learn and share a lot. This activity is just the first of many teambuilding opportunities they will experience together.

^Portfolio Ideas:
Include their handout in their portfolio.

Silent Introduction

My name is _____

1) I am here because...

2) My favorite subject in school is:

3) In school, the class I'm most looking forward to this year is:

Because ...

4) The last movie I saw was:

5) One thing most people don't know about me is...

6) My friends would describe me as...

7) I'm really good at:

8) My favorite candy is:

9) In ten years, I will be...

10) I would rather be:
