

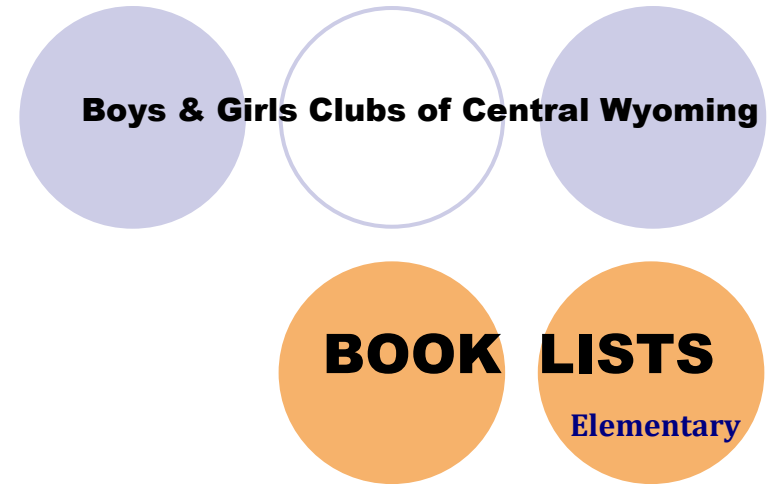
Reading is important, because if you can read, you can learn anything about everything and everything about anything. —Tomie dePaola



**Boys & Girls Clubs of
Central Wyoming**

1701 East K Street
Casper, WY 82601
Phone: 307-235-4079
E-mail: cowboyethics@bgccw.org
www.wyomingyouth.org

Intellectual Property of
BGCCW ©2016



**Be Somebody:
Cowboy Ethics
Elementary Values**

- **Respect / Community**
 - **Duty**
 - **Optimism**
 - **Honor**
 - **Heart**
 - **Fairness**
 - **Courage**
 - **Authenticity**

Published 2016
© BGCCW—Intellectual Property

Program Snapshot

From Jim Owen's "Building Character: A Four Legged Stool" White Paper

Educating Hearts As Well As Minds

A large and growing body of research has shown that life success depends less on I.Q. and native ability than on qualities of personal character. As social scientists have learned, it is these character qualities that enable someone to pursue a long-term goal, persevere in the face of obstacles, and bounce back from a stumble or fall. Our program focuses on four key traits:

ATTITUDE > *Approaching life with a positive, can-do spirit that fuels – and is fueled by – self-confidence.* Students need to understand that "You, and only you, are the author of your own life story."

INTEGRITY > *Knowing what you stand for.* Young people need a solid belief system to anchor their lives and help them weather rocky passages. Rather than imposing values or harping on rules, we encourage them to reflect on their own beliefs, decide what true success means to them, and develop a code of their own. The simple, timeless principles of the Code of the West give them a starting point for this journey of self-discovery.

GRIT > *Building the capacity for hard work, perseverance, and resilience.* We also help young people realize that success doesn't always mean winning the prize. When you know you've given something your very best, you're a winner already.

PURPOSE > *Being determined to do or achieve something.* We help students think about having a sense of purpose that gives their life direction and meaning. It's about how they want to make their mark on the world – a decision no one can make for them.

Designed to Inspire, Not Instruct

Unlike many character education programs, we don't try to tell young people what to believe – that never works. We respect their ability to decide for themselves. As one student put it, "This class really isn't about cowboys at all; it's about being a better person inside yourself."

Authenticity

- **A Bad Case of the Stripes** by David Shannon
- **A Frog Thing** by Eric Dracham
- **A Picture Book of Helen Keller (Picture Book Biography)** by David A. Adler
- **Ballerino Nate** by Kimberly Bradely
- **Buzzy the Bumblebee** by Denise Brennan-Nelson
- **Dirty Gert** by Tedd Arnold
- **Elmer** by David McKee
- **Frindle** by Andrew Clements
- **I Like Myself** by Karen Beaumont
- **Nobody** by Erin Frankel
- **Not All Princesses Dress in Pink** by Jane Yolen
- **Odd Velvet** by Mary Whitcomb
- **Officer Buckle and Gloria** by Peggy Rathmann
- **On the Night You Were Born** by Nancy Tillman
- **Real Street Kid: Art of Authenticity** by Quinten Holmes
- **Spaghetti in a Hot Dog Bun** by Maria Dismody
- **Spoon** by Amy Krause Rosenthal
- **Stand Tall, Molly Lou Melon** by Patty Lovell
- **The Crown on Your Head** by Nancy Tillman
- **The Story of Ferdinand** by Munro Leaf
- **Up the Creek** by Nicholas Oldland
- **Weird** by Erin Frankel
- **Who Was Jackie Robinson** by Nancie Harrison
- **Whoever You Are** by Mem Fox
- **You're Here for a Reason** by Nancy Tillman

Courage

- **Chester the Brave** by Audrey Penn
- **Courage** by Bernard Waber
- **Dancing in the Wings** by Debbie Allen
- **Eugene the Brave** by Ellen Conford
- **Friendship Takes Courage** by Ofir Mor
- **Hooway for Wodney Wat** by Helen Lester
- **Howard B. Wigglebottom Learns About Courage** by Howard Binkow
- **I Can Do It!: Kids Talk About Courage** by Nancy Loewen
- **Imogene’s Last Stand** by Candace Fleming
- **Little Polar Bear and the Brave Little Hare** by Hans de Beer
- **Mr. Washington** by Les Brown
- **My Teacher Dances on the Desk** by Eugene Gagliano
- **Naya Nuki** by Kenneth Thomasma
- **Noni Says No!** by Heather Hartt-Sussman
- **Number the Stars** by Lois Lowery
- **Only One You** by Linda Kranz
- **Peep!** By Maria Lieshout
- **Pete the Cat’s Groovy Guide to Life** by James Deam
- **Rosa** by Nikki Giovanni
- **Sadako and the Thousand Paper Cranes** by Eleanor Coerr
- **Sheila Rae, The Brave** by Kevin Henkes
- **Stuart’s Cape** by Sara Pennypacker
- **Swimmy** by Leo Lionni
- **The Bravest of Us All** by Marsha Arnold
- **The Dandelion Seed** by Joseph Anthony
- **The I’M NOT SCARED Book** by Todd Parr
- **The Pout-Pout Fish in the Big-Big Dark** by Deborah Diesen
- **The Recess Queen** by Alexis O’Neill



Values Alignment

<u>Attitude</u>	<u>Integrity</u>	<u>Grit</u>	<u>Purpose</u>
Respect	Respect / Community	Duty	Life Application
Optimism	Duty	Heart	
Honor	Optimism	Courage	
Heart	Honor		
Courage	Heart		
	Fairness		
	Courage		
	Authenticity		

Respect / Community

- **Arthur's Eyes** by Marc Brown
- **Do Unto Otters** by Laurie Keller
- **Duck for President** by Doreen Cronin
- **Enemy Pie** by Derek Munson
- **Giraffes Can't Dance** by Andrea Parker-Reese
- **Have You Filled a Bucket Today** by Carol McCloud
- **Hector** by Steve Barnes
- **How to Lose All Your Friends** by Nancy Carlson
- **If Everybody Did** by Jo Ann Stover
- **Ladies First** by Shel Silverstein
- **Little Sweet Potato** by Noah Jones
- **My Mouth is a Volcano** by Julia Cook
- **Night Watch** by Roy Popkin
- **Roxaboxen** by Alice McLerran
- **Spaghetti in a Hot Dog Bun** by Maria Dismondy
- **Stone Soup** by Jon J. Muth
- **The Berenstain Bears Show Some Respect** by Jan Berenstain
- **The Great Big Enormous Turnip** by Alexi Tolstoy
- **The Hundred Dresses** by Eleanor Estes
- **The Invisible Boy** by Patrice Barton
- **The Little White Owl** by Tracey Corderoy
- **The Lorax** by Dr. Seuss
- **The Way I Act** by Steve Metzger & Janan Cain
- **Treat Me Right!: Kids Talk About Respect** by Nancy Loewen
- **What If Everybody Did That?** by Ellen Javernick

Fairness

- **Berenstain Bears Trouble with Chores**
by Stan & Jan Berenstain
- **Fair is Fair** by Sonny Varela
- **It's Mine!** By Leo Lionni
- **It's Not Fair** by Amy Krouse Rosenthal
- **It's Not Fair!** by Anita Harper
- **Leo the Late Bloomer** by Robert Kraus
- **No Fair!: Kids Talk about Fairness** by Nancy Loewen
- **Nothings Fair in Fifth Grade** by Barthe DeClements
- **Rainbow Fish** by Marcus Pfister
- **Spoon** by Amy Rosenthal
- **The Biggest Snowman Ever** by Steven Kroll
- **The Hard-Times Jar** by Ethel Smothers
- **The Little Red Hen** by Paul Galdone
- **You Get What You Get** by Julie Gassman

Heart

- **Being Frank** by Donna Earnhart
- **Big Al** by Andrew Clements
- **Huggapotamus** by Steve Metzger
- **Miss Rumphius** by Barbara Cooney
- **Mr. Gillespie** by Angela Sturgill
- **Pancakes for Breakfast** by Tomie DePaola
- **Sink or Swim** by Valerie Coulman
- **Stellaluna** by Janell Cannon
- **The Biggest and Brightest Light** by Marilyn Perlyn
- **The Quiltmaker's Gift** by Jeff Brumbeau
- **Tough** by Erin Frankel
- **Tucky Jo and Little Heart** by Patricia Polacco
- **Unloveable** by Dan Yaccarino

Duty

- **A Cookie for Santa** by Stephanie Shaw
- **A Funny Thing Happened on the Way to School** by Benjamin Chaud
- **A Good Reason to Look Up** by Shaquiell O'Neal
- **Alexander and the Terrible, Horrible, No Good, Very Bad Day** by Judith Viorst
- **Because of Winn-Dixie** by Kate DiCamillo
- **Clifford, The Small Red Puppy** by Norman Birdwell
- **Dare** by Erin Frankel
- **Did You Carry the Flag Today Charlie?** By Rebecca Caudill
- **High as a Hawk** by T.A. Barron
- **Know and Follow the Rules** by Cheri J. Meiners
- **Shopping with Dad** by Matt Harvey
- **Sneaky Weasel** by Hannah Shaw
- **The Berenstain Bears and the Bad Influence** by Stan & Jan Berenstain
- **The Last Brother: A Civil War Tale** by Trinka Hakes Noble
- **Titanicat** by Marty Crisp

Optimism

- **A Happy Hat** by Cecil Kim
- **Be Positive!: A book about Optimism**
by Cheri J. Meiners, Elizabeth Allen
- **Ben's Trumpet** by Rachel Isadora
- **Leo the Lightening Bug** by Eric Drachman
- **My Side of the Car** by Katie Feifer
- **Pete the Cat – I Love my White Shoes** by Eric Litwin
- **Rain Brings Frogs** by MaryAnn Cocca-Leffler
- **Rosie Revere, Engineer** by Andrea Beaty
- **The Carrot Seed** by Ruth Krauss
- **The Giant Makes the Team** by Linda Koons
- **The Happiness Tree** by Andrea Gosline
- **The Little Engine that Could** by Watty Piper
- **The Wright Brothers** by Quinten Reynolds

Cookies: Bite-Size Life Lessons by Amy Krouse Rosenthal is an excellent book to cover many of the Values!

Honor

- **Because Your Mommy Loves You** by Andrew Clements
- **Brave Young Knight** by Karen Kingsbury
- **Counting Coup: A True Story of Basketball and Honor on the Little Big Horn** by Larry Colton
- **H is for Honor: A Military Family Alphabet** by Devin Scillian
- **How Could You?: Kids Talk About Trust** by Nancy Loewen
- **My Monster Burrufu** by Alberto Corral
- **Ricky Sticky Finders** by Julia Cook
- **Some Dogs Do** by Jez Alborough
- **The Berenstain Bears and the Big Road Race**
by Stan & Jan Berenstain
- **The Boy Who Wanted to Cook** by Gloria Whalen
- **The Breadwinner** by Deborah Ellis
- **The Emperor's New Clothes** by Hans Christian Anderson
- **The Empty Pot** by Demi
- **The Lunch Thief** by Anne Bromely
- **Zip, Zip ... Homework** by Nancy Poydar