

Similarity Mash Up

Respect & Community
Courage
Authenticity

Group Size:

8+ participants

Materials:

*List of statements

*List of actions

— *Optional lists are available in Appendix 2; this is something you could wing if you need a game on the fly or if you are feeling creative.*

Objective & Purpose:

- * Members will begin to gain confidence in their ability to interact with group members.
- * Members will understand that a community is built by a variety of people.

Activity:

- Have everyone get into a large circle, with space between them.
- 1. Explain that there are going to be a series of statements to help everyone get to know one another better. If the statement applies to them, then they have to do the action afterwards. — i.e. "If your favorite color is purple, hop on your right leg," so anyone whose favorite color is purple has to start hopping.
- 2. The key is that members must continue doing this action throughout the game. The only time they would stop doing an action requires that they use that part of the body, or conflicts with another action. — i.e. hopping on one leg and then pretending to kick a soccer ball; the student does not have to hop anymore.

TIPS:

—> Start with easy actions.

—> For more tiring actions (hopping on one leg), change it up more often.

—> Have fun and be safe!

Discussion:

- What was easy / hard about this activity?
- **RESPECT & COMMUNITY:** Why would we play this game to talk about Respect & Community?
- Did you notice who had similarities to you?
- Did you notice anyone who had different likes than you?
- Did you notice anything that a lot of people in the group like?
- **COURAGE:** Did it take Courage to act out the statements?
- **AUTHENTICITY:** Were you true to yourself?

Life Application:

- **RESPECT & COMMUNITY:** Does everyone deserve Respect? Why or why not?
- **COURAGE:** Does it take Courage to be true to yourself?
- **AUTHENTICITY:** How do you try to be authentic everyday?

This is what a community is made of!!!
People all coming together with similarities and differences to make a unique group!