

Write, Rip, Lace, & Zip

Principle 1: Live Each Day With Courage

Principle 3: Always Finish What You Start

Principle 6: When You Make A Promise, Keep It

Group Size:

6+ participants

Materials:

*Paper, one 8 1/2 by 11 sheet per player

*Pen or pencil per team

*Shoe with laces tied per team

*15 pennies per team

*Ziploc bag per team

Objective:

The students will discover by participating in this activity that challenges and difficulties can be overcome. Success may be by individual effort and/or with help from others.

Activity:

1. Divide the group into teams of two or do as a relay with 2 or 3 total teams.
2. Each player can only use one hand; not the hand he/she writes with.
3. For the first task, each player writes their name on their sheet of paper.
4. Then, rip the sheet in half.
5. Tie a bow in the shoelace.
6. One by one put the pennies into the Ziploc bag and seal it.

Notes:

You can do this as an individual effort or in pairs. You can also have 2 or 3 teams and make it a relay race where every pair (or individual) has to complete all 4 tasks for the group to win.

Discussion:

- Was this game difficult or easy?
- What part(s) of the game was difficult? Easy?
- What did you have to do to be successful?
- What was the biggest challenge or obstacle?

Life Application & Purpose :

- Why do you think you had to “Live with Courage?”
- What Principle do you feel you displayed in this activity?
- Any others? Why that one?
- What does that Principle look like in your life?
- Tell me about a time when ...