

People to People

Duty
Optimism
Courage

Group Size: 8+ participants
Materials: *Just Kids!

Objective & Purpose:

- * Members will work better with others including people they are not close with in order to achieve a goal.
- * Members will understand that interacting and working together with people they do not usually interact with is an important part of everyday life.

Activity:

1. Have students pair up in groups of two and stand back to back.
 - Be sure to have participants introduce themselves to one another.
2. Then the leader will say different combinations that the pair must perform while staying back to back.
 - Right hand to right hand
 - Left foot to right foot
 - Head to head
 - Right hand to left leg, etc.
3. The pairs must maintain all called combinations until the leader recognizes their successful completion.
4. Once the leader says 'People to People' (or switch), they will then switch partners.
 - Have students find partners with whom they have not partnered.

Discussion:

- **DUTY:** What was your Duty in this game?
- What happened if you or your partner were unable to fulfill their Duty?
- **OPTIMISM:** How did you stay optimistic during the game, even if it was difficult? Did it help to be optimistic?
- **COURAGE:** How did you show Courage in this game?
- Does it take Courage to be partners with someone you may not know well?

Life Application:

- **DUTY:** Is it your responsibility to complete your duties?
- What happens if you are unable to complete your duties?
- **OPTIMISM:** What does it mean to be optimistic?
- Would you rather be around someone who is happy and positive or someone who is negative?
- What are you going to do to have a better attitude?
- **COURAGE:** How can you be more courageous each day?