

Evolution

Courage
Duty
Optimism

Group Size:
8+ participants

Materials:
*Open Area

Objective & Purpose:

* Participants will compete against one another to all achieve the same goal and all work to become a Supreme Being.

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ctivity:

Game Characters:

- Egg—participants crouch down and waddle around
- Chicken—participants put their hands under their armpits and flap their 'wings' while making chicken noises
- Dinosaur—participants put their hands above their head and make roaring noises
- Supreme Being—participants stand like a super hero or the group can make up their own motion

1. Have participants get on a line or form a circle so you can explain the activity.
2. The object of the game is for the whole group to become Supreme Beings.
3. All participants start as an Egg and waddle around to engage other Eggs in a round of Rock, Paper, Scissors.
4. The winner evolves to a Chicken and must look for another Chicken to play another round of Rock, Paper, Scissors against.
 - The winner would evolve into a Dinosaur
 - The loser would devolve back to an Egg
 - The players keep evolving and devolving until they reach a Supreme Being
5. Only like characters can engage one another in a round of Rock, Paper, Scissors ... with one exception ... once a participant becomes a Supreme Being, they can no longer devolve but they can approach any lesser character to play.
6. If a lesser player beats a Supreme Being the lesser player evolves to the next level.
7. Game play ends when the whole group has evolved to a Supreme Being.

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iscussion:

- What helped the whole group get to Supreme Being status?
- What was the outcome of helping others evolve?
- How did you display _____ (Value) in this game?

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ife Application:

- **COURAGE:** What can we learn about helping each other from this game?
- **DUTY:** What would the benefit be if everyone's Duty was to help everyone succeed?
- What happens in life if people do not fulfill their duties?
- **OPTIMISM:** Why is it important to have Optimism, even when you may not feel positive?