

# What is Your Truth?

Principle 1: Live Each Day With Courage

Principle 7: Ride For The Brand

Principle 9: Remember That Some Things Aren't For Sale

**Group Size:**

6+ participants

**Materials:**

\*Paper

\*Pens & Pencils

**Objective:**

To bring about an overall understanding of the difference between pursuing success, status, etc., in a true upright way, or breeding an "at all costs" attitude.

## Activity:

**Two Truths and a Lie:** Have a leader take three student volunteers out to discuss this game while explaining it to the remaining students.

1. While the students are outside the room, discuss with them which one will be telling a lie and which two will be truthful.  
- Students can make up stories or use random facts to tell the group.
2. The object of the game is for volunteers to make it as hard as possible for the other students to figure out which two are telling an honest story and which one is lying.
3. When the volunteers come back into the room, they will stand in the front and one by one will tell their tale.
4. After they all have finished, the listeners must discuss and decide which two are truths and which one is a lie.

**Another way of playing:**

1. Have each player write down 2 truths and a lie (in any order).
2. Have them read theirs to the group.
3. The group tries to guess which is the lie.

## Discussion:

- Did you learn anything new about anyone?
- Was it tough or easy to figure out the lie or the liars?
- How does this activity represent "Some Things Are Not For Sale?"

## Life Application & Purpose :

- Have any of you ever experienced untruths in your life?
- How did you feel? How did you react?
- Have you ever been the lie teller? How did you feel? How did you react?
- What Principle do you feel you displayed in this activity?
- Any others? Why that one?
- What does that Principle look like in your life?
- Tell me about a time when ...

Through this activity, an upfront message we portray to those around us of truth or a façade is one of the most important things to consider. Understand that no matter what is happening in this life, staying true to who you are and to those around you is more valuable than anything else. Also, understand that there will be people we come in contact with who will be truthful and there are those who will not. Therefore, it is critical that we are careful with who we trust with the things we value most.