

Shuffle Your Buns

Principle 1: Live Each Day With Courage

Principle 5: Be Tough, But Fair

Principle 10: Know Where To Draw the Line

Group Size:

8+ participants

Materials:

*Open Area / gym

*Chair for every student

Objective:

Members will participate in a classic circle game where members work together to keep moving together as a group to keep the person in the middle out of the circle.

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ctivity:

1. Have each group member get a chair and sit in a large circle.
2. Then pick one student to leave their chair and stand in the middle.
3. The group then begins sliding from one seat to the next, constantly moving, while the person in the middle tries to sit down, filling the empty seat.
4. The game continues until the person in the middle is able to sit down.
5. The game can continue as long as you would like.

OPTIONS:

- you can play with multiple people in the middle and multiple empty chairs.

D

iscussion:

- What was difficult about this game?
- Where were some of the tactics your circle used to keep the person in the middle out of the circle?
- How did you determine success in this game?

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ife Application & Purpose :

- When life is constantly moving around you, how do you stay focused?
 - What Principle do you feel you displayed in this activity?
 - Any others? Why that one?
 - What does that Principle look like in your life?
 - Tell me about a time when ...
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